

Treatment Menu

Massage Therapy

All massages are customized to fit the client's needs. Modalities include: Swedish, Myofascial release, Lomilomi and assisted Therapeutic stretching techniques.



30-minute, 60-minute, and 90-minute services available

Warm Stone Massage

Incorporates the use of warm stones into the massage therapy for deeper relaxation and holistic healing.



75-minute service

Please call or visit the Front Desk at
Little Cayman Beach Resort for rates or to schedule:
345.948.1033 | FrontDesk@LittleCayman.com

Spa Hours: Tuesday - Friday 10am - 7pm
Sundays & Mondays 11am - 5pm.
Closed Saturdays.

Treatment Menu

Hair and Body Treatments

All may be booked as enhancements to 30, 60, or 90 minute massage sessions. You may also combine the following items for a customized spa experience.

Beach Feet Rescue

Brown Sugar Scrub exfoliates and moisturizes. Warm towel wrap followed by a foot massage and Reflexology.

15-minute service

Hair and Scalp Revival

Warmed Jojoba and Aloe oils blended with Rosemary and Mint Essential Oils are poured onto the scalp at the hairline and worked through the hair to the ends with a relaxing head, neck, and shoulder massage, complete with warm towel treatment.

30-minute service

Caribbean Shine

Jamaican Brown Sugar body scrub gently exfoliates the skin as it moisturizes. Whipped Shea butter is applied to finish the treatment. Enriches skin to retain elasticity, repair and slow cellular damage, and helps protect against the harsh effects of the sun.

May be booked as a stand-alone treatment or with a massage.

45-minute service

Firmi Sea Body Mud Wrap

Cream-based mud wrap detoxifies, firms, smooths, and tones skin with rich concentrations of algae, minerals, and vitamins. Whipped Shea butter is applied to finish, enrich, and protect the skin.

May be booked as a stand-alone treatment or with a massage.

60-minute service